Whisper and Shout Letter Sounds

Calm-voice edition: no shouting or forced whispering

Use NAME and SOUND prompts with a comfortable speaking voice. Begin with m and s. An adult models unfamiliar sounds. If loose pieces would be mouthed or younger children join, leave the page whole and adult-held; point to the choices instead. Cutting is optional and adult-only.

NAME	SOUND

m /m/ as in moon	**s** /s/ as in sun	**f** /f/ as in fan	**a** short a, as in at
t /t/ as in top	**n** /n/ as in net	**c** /k/ as in cat	**p** /p/ as in pan

Adult model: hold /m/, /s/, /f/, or /n/ briefly. Say /t/ and /p/ cleanly without adding “uh.” The a cue means the short vowel in at, not the letter name “ay.” This c models /k/; English c has other sounds in other words. Point to either cue and use the same comfortable voice.

Suggested setup: ages 4–5, not a developmental standard.

Accept pointing or listening. Stop when speaking feels tiring or interest ends. No speed, loudness, or clear-speech score is needed. The letters and prompts are original activity materials, not a voice treatment.

Voice-care background: nidcd.nih.gov/health/taking-care-your-voice